

The background is a light green field with a pink ground area at the bottom. A large white banner with a black border is in the center. On the left, there is a brown beehive on four legs, with a small white flower and green grass at its base. Several cartoon bees are flying around the banner and beehive. The text on the banner is in bold black capital letters.

MANSFIELD FOOD AND WRAP AROUND SUPPORT TIMETABLE SPRING 2025

MANSFIELD FOOD SUPPORT TIMETABLE

FOOD BANKS AND FOOD SHARES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Sherwood Forest Food Bank</u> 1.30pm - 3.45pm Stable Centre 12 Church Street Mansfield Woodhouse NG19 8AH 07563233652 REFERRAL ONLY	<u>Salvation Army Emergency Food Bank</u> 10am - 12pm Victoria Street Mansfield NG18 5SB REFERRAL ONLY	<u>St Peter's Food Bank</u> 10.30am - 12.30pm Church Side Mansfield Notts NG18 1AP 07563233652 REFERRAL ONLY	<u>Sherwood Forest Food Bank</u> 1.30pm - 3.45pm Stable Centre 12 Church Street Mansfield Woodhouse NG19 8AH 07563233652 REFERRAL ONLY	<u>Methodist Church Food Share</u> 1pm - 2pm 196 Chesterfield Road South NG19 7EE DROP IN £2 DONATION	<u>Ladybrook Food Share</u> 10.30am - 11.15am Brookside Hall Ladybrook Lane Mansfield NG18 5JJ 1st and 3rd Saturdays of the Month DROP IN £2 DONATION	NON OPERATING TODAY
		<u>Crescent Food Bank</u> 12pm - 1pm Crescent Primary Booth Crescent Mansfield NG19 7LF TERM TIME ONLY DROP INS		<u>Pleasley Food Pantry</u> 10.30am - 11.30am Food delivery ONLY Pleasley and Bull Farm ONLY. Call Sharon on 07988756095 REFERRAL ONLY		

CAR Warsop (Food Hampers)

Monday – Friday | 10am – 2pm | 07394914909

Support in Warsop Parish

(Warsop, Meden Vale, Warsop Vale, Church Warsop & Spion Kop)

MANSFIELD FOOD SUPPORT TIMETABLE

AFFORDABLE FOOD CLUBS

Monday	Tuesday		Wednesday	Thursday	Friday		
<p><u>The Social Supermarket at Social Action Hub</u> 10am-2pm Kirklington Rd, Rainworth, Mansfield NG21 0JR £1 membership Baskets are either £4.50 or £6</p>	<p><u>Salvation Army Food Pantry</u> 10am - 12pm Victoria Street Mansfield NG18 5SB £2 per parcel</p>	<p><u>Arena Food Club</u> 10.30am - 12pm Arena Church 66 Leeming Street Mansfield NG18 1NG £1 yearly membership £4.50 per parcel</p>	<p><u>Clipstone Food Hub</u> 1pm - 3pm The Community Centre, The Circle, NG21 9EF £1 yearly membership £4 per bag</p>	<p><u>The Social Supermarket at Social Action Hub</u> Kirklington Rd, Rainworth, Mansfield NG21 0JR 10am-2pm £1 membership Baskets are either £4.50 or £6</p>	<p><u>Mansfield Woodhouse FOOD Club</u> 10am - 12pm The Meadows Community Centre, Slant Lane NG19 8ES £1 yearly membership £4 per bag</p>	<p><u>Crescent Primary School Food Club</u> 1pm - 3pm Booth Crescent Mansfield NG19 7LF £1 yearly membership £4 per bag TERM TIME ONLY</p>	<p><u>Vibrant Warsop Food Club</u> 1pm - 3pm Warsop Town Hall Church St, Warsop, Mansfield NG20 0AL Here you can purchase reduced price food. Whilst there you can also have a coffee, chat and access financial advice.</p>
	<p><u>St Johns Food Hub</u> 3pm - 4.30pm St Johns Centre St John Street Mansfield NG18 1QH 01623 642338 £1 yearly membership £4 per bag</p>		<p><u>The Social Supermarket at Social Action Hub</u> 12pm-3pm & 4pm-7pm Kirklington Rd, Rainworth, Mansfield NG21 0JR £1 membership baskets are either £4.50 or £6</p>		<p><u>Bellamy Road FOOD Club</u> 12pm - 2pm 15 Trowell Court Mansfield NG18 4NT £1 yearly membership £4 per bag</p>	<p><u>Oak Tree FOOD Club</u> 11am - 1pm Oak Tree Leisure Centre Jubilee Way S Mansfield NG18 3RT £1 yearly membership £4 per bag</p>	

MANSFIELD FOOD SUPPORT TIMETABLE

WARM MEAL PROVISIONS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>The Hall</u> <u>St Peter's Church</u> 8.30am - 10.15am Church Street Mansfield NG18 1AP</p> <p>Breakfast and a packed lunch. Additional facilities including a shower and washing machine.</p>	<p><u>The Beacon Project</u> 12pm - 1.30pm St Johns Centre Mansfield NG18 1QH</p> <p>Referral ONLY Hot meal, clean clothes and access to toilet and shower facilities and drop-in advice support services from Framework.</p>	<p>NON OPERATING TODAY</p>	<p><u>Roundtable Café</u> 12pm - 2pm 7th Day Adventist Church 1 Albert Street Mansfield Woodhouse NG19 8QB</p> <p>Fresh home-cooked three course meal plus tea/coffee. Free to all. Contact Sue 01629 534134</p>	<p><u>The Beacon Project</u> 12pm - 1.30pm St Johns Centre Mansfield NG18 1QH</p> <p>Referral ONLY Hot meal, clean clothes and access to toilet and shower facilities and drop-in advice support services from Framework.</p>	<p>NON OPERATING TODAY</p>	<p><u>Bee Humble Soup Kitchen</u> 2pm - 3.30pm Bethal Church Gedling Street Nottingham Road</p> <p>Takeaway Service ONLY Sandwich, crisps and biscuits. Contact Number 07519 345669</p>
				<p><u>Stanhope Centre</u> 6.30 - 8.30pm Bridge Street Methodist Church NG18 1AL</p> <p>Takeaway Service ONLY Meal and small food parcel. Contact Number 01623 640845</p>		

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

FINANCIAL SUPPORT

Tuesday		Wednesday	Thursday		Friday
<p><u>Citizens Advice Drop In</u> 12pm - 3pm 15 Trowell Court Mansfield NG18 4NT</p> <p>Support in the key areas of health, debt, employment, benefits, housing and on clients with severe multiple disadvantages.</p>	<p><u>Direct Help and Drop-In Advice Sessions</u> 9am - 3pm Futures, 1 Queen Place, Mansfield</p> <p>Here you can find support with benefit checks, better off in work checks, debt and housing advice, budgeting, money management, managing bills and help completing benefits forms.</p>	<p><u>Direct Help and Drop-In Advice Sessions</u> 9am - 3pm Futures, 1 Queen Place, Mansfield</p> <p>Here you can find support with benefit checks, better off in work checks, debt and housing advice, budgeting, money management, managing bills and help completing benefits forms.</p>	<p><u>Direct Help and Drop-In Advice Sessions</u> 9.30am - 3pm Futures, 1 Queen Place, Mansfield</p> <p>Here you can find support with benefit checks, better off in work checks, debt and housing advice, budgeting, money management, managing bills and help completing benefits forms.</p>	<p><u>Debt and Money Drop-In Advice Sessions</u> 10am - 2pm Kingsway Hall Clipstone Road West Forest Town Mansfield NG19 0DU</p> <p>Here you can find support with benefit checks, better off in work checks, debt and housing advice, budgeting, money management, managing bills and help completing benefits forms.</p>	<p><u>Citizens Advice Advice at Bellamy FOOD Club</u> 12pm - 2pm 15 Trowell Court Mansfield NG18 4NT</p> <p>Support in the key areas of health, debt, employment, benefits, housing and for clients with severe multiple disadvantages.</p>
<p><u>Citizens Advice Drop In</u> 9.30am - 2pm Oak Tree Leisure Centre Jubilee Way South Mansfield NG18 3RT</p> <p>Support in the key areas of health, debt, employment, benefits, housing and on clients with severe multiple disadvantages.</p>	<p>Financial Support Signposting</p> <p>Help through Hardship helpline 0808 208 2138</p> <p>Mansfield Citizens Advice Bureau 07832 932 331</p> <p>Mansfield District Council 01623 463 463</p> <p>Nottinghamshire County Council Golden Number 0300 500 8080</p> <p>Direct Help and Advice 01332 287850</p>			<p><u>Beacon Welfare Rights and Money Advice Service</u> 10am - 1pm St Johns Centre Mansfield NG18 1QH</p> <p>A debt service which covers debt, housing, benefits, form filling, phone and internet access, plus more.</p>	

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

DISABILITY SUPPORT SERVICES

Tuesday			Wednesday		Thursday
<p><u>Thrive Tribe</u> 9am - 11.30am 15 Trowell Court Mansfield NG18 4NT Empowering neurodivergent individuals and support for parents and carers.</p> <ul style="list-style-type: none">• Build knowledge and individual strategies.• Build Friendships• Improve Health and Wellbeing• Learn how to navigate a neurotypical world. <p>Run by a registered Nurse and Neurodivergent Specialist. For more info call Holly on 07708635614</p>	<p><u>Disability Notts Advice Sessions</u> 8.30am - 2pm From 26th November 4th Tuesday of the month Mansfield Community Hospital Stockwell Gate, Mansfield NG18 5QJ</p> <ul style="list-style-type: none">• Benefit checks and applications• Access and transport• All aspects of disability• Advice on equipment and appliances <p>Contact Disability Notts on 01623 625891</p>	<p><u>Disability Notts Advice Sessions</u> 10am - 3pm 1st & 3rd Tuesday of every month Kingsway Hall, Clipstone Road West, Forest Town, NG19 0DU</p> <ul style="list-style-type: none">• Benefit checks and applications• Access and transport• All aspects of disability• Advice on equipment and appliances <p>Booked appointments only. Contact Disability Notts on 01623 625891</p>	<p><u>Disability Notts Wellness Hub</u> 1- 2pm 1st & 3rd Wednesday of every month Oak Tree Leisure Centre, Jubilee Way S Mansfield NG18 3RT</p> <p>Come along to one of our wellness hubs and join in the activity or simply join us for a coffee and a chat.</p> <p>Contact Disability Notts on 01623 625891</p>	<p><u>Disability Notts Drop In</u> 8.30am -2pm 1st Wednesday of the month drop in advice Kings Mill Hospital</p> <ul style="list-style-type: none">• Benefit checks and applications• Access and transport• All aspects of disability• Advice on equipment and appliances <p>Contact Disability Notts on 01623 625891</p>	<p><u>Disability Notts Our Voice</u> community singing 10.30 to 12.15pm Every Thursday Methodist Centre Big Barn Lane</p> <p>Cost £1.00 includes refreshments.</p> <p>Contact Disability Notts on 01623 625891</p>



MANSFIELD WRAP AROUND SUPPORT TIMETABLE

WELCOME PLACES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/ Sunday
<p><u>Coffee and Chat</u> 11:30am - 1pm Ladybrook Enterprises Ladybrook Lane Mansfield NG18 5JJ</p> <p>Meet new friends, play a game, relax and have a cuppa. £3.50 entrance</p>	<p><u>Salvation Army</u> <u>Coffee Morning</u> 10.30am - 12.30pm Victoria Street Mansfield NG18 5SB</p> <p>Tea, coffee, toast and biscuits.</p>	<p><u>St Peters Church</u> <u>Coffee Morning</u> 10am - 12:30pm Church Side Mansfield NG18 1AP</p> <p>Drinks, snacks and a warm welcome.</p>	<p><u>Coffee and Cake</u> 1pm - 3pm Chesterfield Road Methodist Church 196 Chesterfield Road South NG19 7EE</p> <p>Tea, coffee, cake and chat.</p>	<p><u>Rooted</u> 2pm - 4.30pm Oak Tree Leisure Centre Jubilee Way S, Mansfield NG18 3RT</p> <p>Group involves crafts and cups of tea!</p>	<p><u>The Beacon</u> <u>Saturday</u> 9.30am - 11.30am Wood Street NG18 1QB</p> <p>Warm space with light refreshments and craft activities. Referral only</p>
<p><u>Laugh a Latte</u> 1 - 3pm Every two weeks The Salvation Army Victoria Street Mansfield NG18 5SB</p> <p>All welcome, hot drinks, friendly faces, listening ear and chance to chat.</p>	<p><u>Stacey Road</u> <u>Community Centre</u> 10am - 12pm Stacey Road Mansfield NG19 7JJ</p> <p>Tea, coffee, crumpets and chat! Here you can also find support with food, finances and mental health.</p>	<p><u>Care For A Coffee</u> 10am - 12pm Runs on a Tuesday and Wednesday Arena Church 66 Leeming Street Mansfield NG18 1NG</p> <p>Coffee, chat, snack and play a game of pool!</p>	<p><u>Thursday Welcome</u> <u>Group</u> Runs every other Thursday from 1:30-3:30pm. Oak Tree Leisure Centre Jubilee Way S Mansfield NG18 3RT</p> <p>Opportunity to meet other local people and join in with different activities each session, such as: board games, quizzes, light exercise, bowls and much more.</p>	<p><u>Welcome Space</u> 10am - 1pm Old Meeting House Mansfield NG18 1QR</p> <p>Warm welcome, tea, coffee, snacks, warm meal. Books, magazine and toys for children.</p>	<p><u>Saturday Coffee</u> <u>Morning</u> 10am - 12pm Brookside Hall Ladybrook Lane Mansfield NG18 5JJ</p> <p>Tea, coffee, snacks. A warm welcome and place to meet new friends.</p>
<p><u>Carers Support</u> 10am - 11.30am Ladybrook Enterprises Ladybrook Lane Mansfield NG18 5JJ</p> <p>Support group for carers. A listening ear, signposting and help accessing services. £3.50 entrance</p>	<p><u>Coffee and Cake</u> 10.30am - 12.30pm Chesterfield Road Methodist Church 196 Chesterfield Road South NG19 7EE</p> <p>Tea, coffee, cake and chat.</p>	<p><u>Craft and Natter @</u> <u>Trinity Methodist Church</u> 2pm - 4pm High Street Mansfield Woodhouse Mansfield NG19 8BD</p> <p>Craft and Natter, Warm Room, Tea & biscuits.</p>		<p><u>Switch Up</u> 11am - 2pm Barringer Road Mansfield NG18 2DF</p> <p>Tea, Coffee, Cake and Chat.</p>	

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

WELCOME PLACES

Monday	Tuesday	Wednesday	Thursday		Friday
	<p><u>Bee Hive Hub</u> 12.30pm-2pm Mansfield Pentecostal Church, 1 Empire Street NG18 2QJ All ages Home Education group. Free with teas, coffees and biscuits.</p>	<p><u>Make a Start</u> <u>Help Build</u> 1pm - 2.30pm Flint Avenue Community Centre Flint Avenue Forest Town NG19 0DS Make connections, creative activities, gentle exercise, engaging games, music and laughter. Tea, coffee and friendly chat.</p> <p>To refer contact Mark Wragg Education Officer at Mansfield Palace Theatre on mwragg@mansfield.gov.uk 01623 463 520</p>	<p><u>Hope Haven Cafe</u> 12pm-2pm Mansfield Pentecostal Church, 1 Empire Street NG18 2QJ Free drinks and homemade cakes. Food parcels available.</p> <p><u>Little Glimmers Parent and Toddler Group</u> (term time only) 9.15am-10.30am Mansfield Pentecostal Church, 1 Empire Street NG18 2QJ Free drinks and cake/biscuits.</p>	<p><u>Make a Start</u> <u>Help Build</u> 11am - 12.30pm Stacey Road Community Centre Stacey Rd Mansfield NG19 7JJ Make connections, creative activities, gentle exercise, engaging games, music and laughter. Tea, coffee and friendly chat.</p> <p>To refer contact Mark Wragg Education Officer at Mansfield Palace Theatre on mwragg@mansfield.gov.uk 01623 463 520</p>	

Warm Welcome Spaces



The Feeding Mansfield Network has recently linked with the Warm Welcome Spaces Campaign. This campaign brings together a network of Warm Welcome Spaces and a growing coalition of local, regional, and national partners representing the worlds of charity, faith, business, government, and philanthropy. Warm Welcome Spaces wants to bring together experience and knowledge of those who have created welcome spaces in their communities to find out more about Warm Welcome Spaces go to www.warmwelcome.uk.



Warm
Warm Welcome spaces are heated and able to provide basic refreshments such as tea/coffee.



Welcoming.
Warm Welcome spaces are inclusive, non-judgmental spaces where everyone can expect a warm welcome from staff and volunteers.



Free
Warm Welcome spaces will be free to enter. There's lots of free activities that you can join in, like keeping fit or crafting. And many spaces have free wifi and computers you can use.



Safe
Every organisation setting up a Warm Welcome space will have a safeguarding policy. Organisations make basic signposting information available to people who need further support.

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

PHYSICAL HEALTH SUPPORT

Monday	Tuesday		Wednesday	Thursday
<p><u>Disability & Dementia Swim</u> 12pm start Rebecca Adlington Leisure Centre Westdale Rd Mansfield NG19 7BZ</p> <p>Weekly swim session aimed at those with a disability including dementia.</p>	<p><u>Smoking Cessation</u> 1pm – 5pm Sandy Lane Surgery NG18 2LT & St Peters Medical Centre NG18 1EE</p> <p>Free stop smoking support and free stop smoking products and vapes at all these clinics.</p>	<p><u>Weight Management Group</u> 1:30pm – 3pm Your Space Leisure Centre Mansfield Portland Street Mansfield NG18 1HB</p> <p>Sessions are for anyone with a BMI of between 30 – 50. Sessions are 90 minutes; starting with 45 minutes of physical activity, followed by 45 minutes of nutrition support whereby we cover various healthy eating topics such as: portion sizes, snacking, food and mood, food labels and cooking on a budget.</p> <p>To book a place on this 12-week programme call 0115 772 2515. Free to attend.</p>	<p><u>Smoking Cessation</u> 10.30am – 2.30pm Ladybrook Community Centre Ladybrook Lane Mansfield NG18 5JJ</p> <p>Free stop smoking support and free stop smoking products and vapes at all these clinics.</p>	<p><u>Disability & Dementia Swim</u> 12pm start Water Meadows Titchfield Park Bath Street Mansfield NG18 1BA</p> <p>Weekly swim session aimed at those with a disability including dementia.</p>
<p><u>Disability & Dementia Swim</u> 12pm start Water Meadows Titchfield Park Bath Street Mansfield NG18 1BA</p> <p>Weekly swim session aimed at those with a disability including dementia.</p>	<p><u>Disability & Dementia Swim</u> 9.30am start Warsop Health Hub Carr Lane Park, Carr Lane Warsop Mansfield NG20 0AT</p> <p>Weekly swim session aimed at those with a disability including dementia.</p>		<p><u>Weight Management Group</u> 11am – 12:30pm Oak Tree Leisure Centre Mansfield, NG18 3RT</p> <p>Sessions are for anyone with a BMI of between 30 – 50. Sessions are 90 minutes; starting with 45 minutes of physical activity, followed by 45 minutes of nutrition support whereby we cover various healthy eating topics such as: portion sizes, snacking, food and mood, food labels and cooking on a budget.</p> <p>Booking is essential you can secure a place on this 12-week programme by calling 0115 772 2515. Free to attend.</p>	<p><u>Strength and balance Group</u> Thursdays 1:30pm – 3pm Ladybrook Community Centre Ladybrook Lane Mansfield NG18 5JJ</p> <p>For anyone at risk of having a fall or who has had a fall in the past. A rolling 12 week programme, and sessions will help to improve strength and balance. Each session lasts 90 minutes, with 45 minutes of exercises followed by 45 minutes of tea and coffee</p> <p>To book a place on this 12-week programme call 0115 772 2515. Free to attend.</p>
<p><u>IMPACT Cancer Support Group</u> 1.30pm – 3pm Ladybrook Community Centre Ladybrook Lane Mansfield NG18 5JJ £3.50 entrance fee</p>	<p><u>BABES Group</u> 1.00pm – 2.00pm Mansfield Woodhouse Children Centre Swan Lane Mansfield Woodhouse NG19 8BT</p> <p>Group for families to access breastfeeding support and share experience. Tel: 0115 9773 765</p>			

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

PHYSICAL HEALTH SUPPORT

Monday		Tuesday	Wednesday	Thursday
<p><u>Smoking Cessation</u> 9am – 12pm Oakwood Surgery Church Street Mansfield Woodhouse, Mansfield NG19 8BL</p> <p>Free stop smoking support and free stop smoking products and vapes at all these clinics.</p>	<p><u>Boccia</u> 11:30am-12:30pm Oak Tree Leisure Centre, Oak Tree Leisure Centre, Jubilee Way South Mansfield NG18 3RT</p> <p>Boccia is a disability sport that tests muscle control and accuracy. It is a target sport played indoors with soft leather balls. It is a sport of intriguing tactics, incredible skill and nail biting tension. Once you see it or play it you will be hooked!</p>	<p><u>Weight management</u> group 6pm – 7:30pm St Peters Centre Mansfield</p> <p>Sessions are for anyone with a BMI of between 30 – 50. Booking is essential you can secure a place on this 12-week programme by calling 0115 772 2515. Free to attend.</p>	<p><u>BABES Group</u> Time: 10am- 11am Warsop Children's Centre 6 Church Street Warsop Mansfield NG20 0AH</p> <p>Group for families to access breastfeeding support and share experience. Tel: 0115 9773 765</p>	<p><u>BABES Group</u> 10.00am – 11.00am Ladybrook Children's Centre 116 Somersall Street Mansfield NG19 6EW</p> <p>Group for families to access breastfeeding support and share experience. Tel: 0115 9773 763</p>
<p><u>Ladies Beginners</u> <u>Fitness Class</u> 1pm Oak Tree Leisure Centre Jubilee Way South Mansfield NG18 3RT</p> <p>A gentle introduction to light exercise to improve general levels of fitness. For women of all ages or 18+</p>		<p><u>Yoga</u> 11:30am – 12.30pm Oak Tree Leisure Centre Jubilee Way South Mansfield NG18 3RT</p> <p>Yoga is good for your mind, body and mood, it also improves strength, balance and flexibility.</p>	<p><u>Yoga</u> 11:30 am & 6:15pm Oak Tree Leisure Centre Jubilee Way South Mansfield NG18 3RT</p> <p>Yoga is good for your mind, body and mood, it also improves strength, balance and flexibility.</p>	<p><u>Chair Based Yoga</u> 11am – 12pm Warsop Health Hub Carr Lane Warsop Mansfield NG20 0AT</p> <p>Yoga is good for your mind, body and mood, it also improves strength, balance and flexibility.</p>
<p><u>BABES Group</u> 1.30pm – 2.30pm Ravensdale Children's Centre 10 Sanders Ave Mansfield NG18 2DN</p> <p>Group for families to access breastfeeding support and share experience. Tel: 0115 9773 740</p>		<p><u>Beginners Yoga</u> 9.30 – 10.30am Warsop Health Hub Carr Lane Warsop Mansfield NG20 0AT</p> <p>Yoga is good for your mind, body and mood, it also improves strength, balance and flexibility.</p>		<p><u>Woodhouse Wanderers</u> 11am start Meet at Seventh Day Adventist Church, 1 Albert Street, Mansfield Woodhouse, Mansfield NG19 8BQ</p> <p>Local half hour walks, light and gentle exercise. Tel: 07392 841230</p>

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

PHYSICAL HEALTH SUPPORT

PHYSICAL HEALTH SUPPORT SIGNPOSTING

Warsop Health Hub
Tel: 0330 109 9120

Rebecca Adlington Leisure Centre
Tel: 0345 000 0230

Water Meadows Leisure Complex
Tel: 0345 0000 232

Oak Tree Leisure Centre
Tel: 0345 0000 231

Website: www.mansfieldleisure.com

Your Health Notts Tel: 0115 772 2515
Website: www.yourhealthnotts.co.uk

Ravensdale Children Centre Tel: 0115 977 3740

Ladybrook Childrens Centre Tel: 0115 977 3763

Mansfield Woodhouse Childrens Centre Tel: 0115 977 3765

Warsop Childrens Centre Tel: 0115 977 3765

Ladybrook Community Centre Tel: 01623 624208

HEALTHY LIFE REFERRAL SCHEME

What is it?

Healthy Life is More Leisure Community Trust's award winning exercise referral programme. It lasts for up to six months and includes personalised support from qualified staff to help you increase your activity levels. We also run Healthy Life Circuit classes every Tuesday and Friday at 10:30am and 2:00pm.

Who is it for?

People over 18, have a health condition, or disability, and need support to help increase your fitness levels.

How do I qualify and join?

The scheme is by referral only. Speak to your GP, or Health Professional, to see if you are suitable. If you do qualify they will send the referral form to us and we will contact you for an appointment.

Any questions?

If you have any questions about the scheme please contact Carolyn Hallam.
Email: carolyn.hallam@serco.com
Tel: 07718 194 711

MANSFIELD WRAP AROUND SUPPORT TIMETABLE

ENERGY SUPPORT

CITIZENS ADVICE ENERGY ADVICE DROP-IN SESSIONS

Mansfield Civic Centre
Chesterfield Road South
Mansfield
NG19 7BH

Drop in and speak with the team about your energy bills and explore ways they can help you with any worries you may have about your energy costs.



Dates

TUESDAY 22ND APRIL
WEDNESDAY 21ST MAY
THURSDAY 26TH JUNE
FRIDAY 25TH JULY



BETTER HOUSING BETTER HEALTH

Better Housing Better Health is here to help keep residents warm and well at home and improve the energy efficiency of their homes.

You can self-refer into this service for support.



How to request help

Phone - 0800 107 0044
Online - www.bhbh.org.uk



This is a preventative approach to health and wellbeing, this service provides residents with a single point of contact to get impartial expert advice to help improve the energy efficiency of their home, save money and improve comfort.

HEAT - THE HOME ENERGY ADVICE TEAM

At HEAT, the Home Energy Advice Team provided by the Wise Group, we're committed to supporting households across the UK. Our expert mentors offer personalised, free advice and practical solutions to help you take control of your home energy costs and reduce financial stress.

How mentors can help?

Manage and control energy usage

Read meters accurately

Switch energy suppliers and tariffs

Apply for financial support

Access hardship funding

Get assistance with any energy-related issue

How to request help

Call - 0800 092 9002

Email - HEAT@THEWISEGROUP.CO.UK

Online - www.heat-thewisegroup.co.uk



MORE HELP AND SUPPORT

Money Advice Service

0800 138 7777

National Debtline

0808 808 4000

Citizens Advice

0808 223 1133

StepChange Debt Charity

0800 138 1111

LEAP

0800 060 7567

Home Start Mansfield

01623 653391

National Energy Action

0800 304 7159

The British Gas Energy Trust



MANSFIELD WRAP AROUND SUPPORT TIMETABLE

WHATS GOING ON IN MANSFIELD

WALK NOTTS FESTIVAL

May is National Walking Month, and Walk Notts want to get Nottinghamshire walking and wheeling.

So, to celebrate all things walking and wheeling - they are holding their first ever Walk Notts Festival in Nottingham and Nottinghamshire!

01-31 May 2025

There are so many positive benefits from wheeling or walking such as connection to your local community, help you sleep better, improves mental health, increases energy levels and just makes you feel good!

In May there will be lots of fun walking and wheeling events that taking place throughout Nottingham and Nottinghamshire!

Park or Town Trails • Scavenger Hunts • Buggy Walks • Treasure Trails • 'Walk to School' week (May 19th to 23rd) • Step Challenges • Map Reading • Podcasting Walks • Art Walks • Nordic Walking • Litterpicking

For more info go to www.walknotts.org.uk

CROP DROP

CALLING ALL LOCAL ALLOTMENT GROWERS!

WHAT IS CROP DROP?

Crop drop is a food redistribution scheme that is coordinated by partners within the Feeding Mansfield Network.

WHAT ARE THE AIMS OF CROP DROP?

To redistribute surplus allotment produce to local food clubs within Mansfield.
To link local allotments and food projects within the same area

HOW CAN I GET INVOLVED?

You can get involved by donating your excess fruit and vegetables to the crop drop scheme, becoming a volunteer driver and support with coordination of the scheme.

If you would like to get involved please get in touch with Hannah Keeling - Feeding Mansfield Network Coordinator.

hkeeling@mansfield.gov.uk | 01623 463072

UNEARTHED: THE POWER OF GARDENING



Go and check out the Unearthed Exhibition at Mansfield Library this May. The Unearthed exhibition explores the transformative power of gardening, an offshoot of the main Unearthed Exhibition that will be at the British Library in London, this touring exhibition is an opportunity for residents to engage with this exhibition in their own town.

Gardening is so much more than the nation's favourite pastime. Tracing personal stories alongside global histories, Unearthed celebrates gardening as a force for creativity, resilience and connection. From the people who have fought for the right and space to garden to the stories of the plants we use for food and medicine, discover how gardening has shaped our lives, our communities, and our planet.

Mansfield Central Library
Friday 2 May - Friday 30 May
Free entry

MANSFIELD FOOD AND WRAP AROUND SUPPORT TIMETABLE SPRING 2025

IN PARTNERSHIP WITH

