



**MANSFIELD
FOOD AND WRAP AROUND
SUPPORT TIMETABLE
SPRING 2024**



MANSFIELD FOOD SUPPORT TIMETABLE

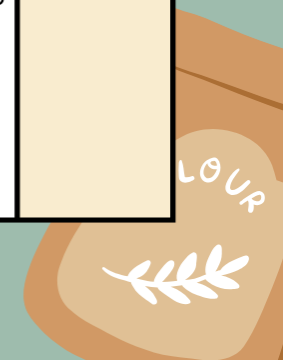
FOOD BANKS AND FOOD SHARES

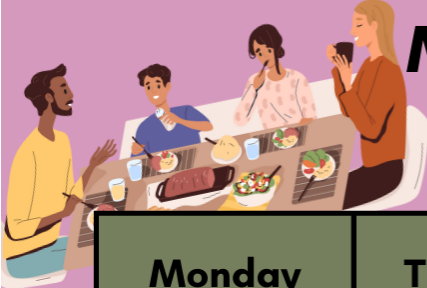
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>Sherwood Forest Food Bank</u> 1.30pm - 3.45pm Stable Centre, 12 Church Street, Mansfield Woodhouse, NG19 8AH. 07563233652 REFERRAL ONLY</p>	<p><u>Salvation Army Food Bank</u> 10am - 12pm Victoria Street, Mansfield, NG18 5SB REFERRAL AND DROPS INS</p>	<p><u>St Peters Food Bank</u> 10.30am - 12.30pm Church Side, Mansfield, Notts, NG18 1AP. 07563233652 REFERRAL ONLY</p>	<p><u>Sherwood Forest Food Bank</u> 1.30pm - 3.45pm Stable Centre, 12 Church Street, Mansfield Woodhouse, NG19 8AH. 07563233652 REFERRAL ONLY</p>	<p><u>Methodist Church Food Share</u> 1pm - 2pm 196 Chesterfield Road South, NG19 7EE DROP IN £2 DONATION PER BAG</p>	<p><u>Ladybrook Food Share</u> 10.30am - 11.15 1st and 3rd Saturdays of the Month Brookside Hall Ladybrook Lane Mansfield NG18 5JJ DROP IN £2 DONATION PER BAG</p>	<p>NON OPERATING TODAY</p>
<p>CAR Warsop (Food Hampers). Monday – Friday 10am – 2pm. Support in Warsop Parish (Warsop, Meden Vale, Warsop Vale, Church Warsop & Spion Kop) 07394914909</p>						

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FOOD CLUBS

Monday	Tuesday		Wednesday	Thursday	Friday		Saturday Sunday
NON OPERATING TODAY	<u>APTCOO Social Supermarket</u> 10am - 12pm Learn, Work and Earn Centre, 79 Sandy Lane, NG18 2LT. £1 yearly membership £4 per bag	<u>Arena Food Club</u> 10.30am - 12pm Arena Church, 66 Leeming Street, Mansfield, NG18 1NG. £1 yearly membership £4.50 per parcel	<u>Clipstone Food Hub</u> 1pm - 3pm The Community Centre, The Circle, NG21 9EF. £1 yearly membership £4 per bag	NON OPERATING TODAY	<u>Mansfield Woodhouse FOOD Club</u> 10am - 12pm The Meadows Community Centre, Slant Lane, NG19 8ES. £1 yearly membership £4 per bag	<u>Crescent Primary School FOOD Club</u> 1pm - 3pm Booth Crescent, Mansfield NG19 7LF. £1 yearly membership £4 per bag	NON OPERATING TODAY
	<u>St Johns Food Hub</u> 3pm - 4.30pm Mansfield, NG18 1QH. 01623 642338 £1 yearly membership £4 per bag				<u>Bellamy Road FOOD Club</u> 12pm - 2pm 15 Trowell Court, Mansfield, NG18 4NT. £1 yearly membership £4 per bag	<u>Oak Tree FOOD Club</u> 12pm - 2pm Oak Tree Lane Surgery, Jubilee Way South, NG18 3SF. £1 yearly membership £4 per bag	





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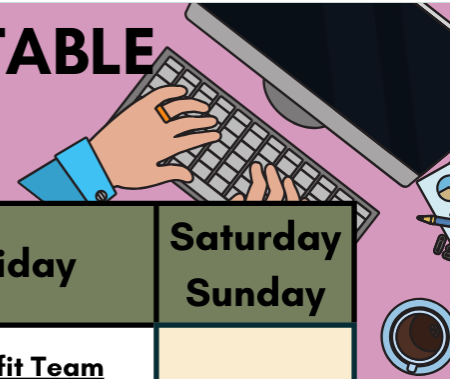
WARM MEAL PROVISIONS



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>The Hall St Peters Church 8.30am - 10.15am Church Street Mansfield, NG18 1AP.</p> <p>Breakfast and a packed lunch. Additional facilities including a shower and washing machine.</p>	<p>The Beacon Project 12pm - 1.30pm St Johns Centre, Mansfield NG18 1QH. Referral ONLY Hot meal, clean clothes and access to toilet and shower facilities and drop-in advice support services from Framework.</p>	<p>NON OPERATING TODAY</p>	<p>NON OPERATING TODAY</p>	<p>The Beacon Project 12pm - 1.30pm St Johns Centre, Mansfield NG18 1QH. Referral ONLY Hot meal, clean clothes and access to toilet and shower facilities and drop-in advice support services from Framework.</p>	<p>NON OPERATING TODAY</p>	<p>Bee Humble Soup Kitchen 2pm - 3.30pm Bethal Church Gedling Street Nottingham Road Takeaway Service ONLY Sandwich, crisps and biscuits. <u>Contact Number</u> 07519 345669</p>
<p>Food Cycle 4pm - 5pm Salvation Army Victoria Street, Mansfield, NG18 5SB</p> <p>Three course hot meal served, everyone welcome.</p>				<p>Stanhope Centre 6.30 - 8.30pm Bridge Street Methodist Church NG18 1AL. Takeaway Service ONLY <u>Contact Number</u> 01623 640845</p>		

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FINANCIAL SUPPORT



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Sunday
NON OPERATING TODAY	NON OPERATING TODAY	<p>Benefit Team 15 Trowell Court, Mansfield, NG18 4NT 9.30am - 11.30am Limited sessions Spring session is: 17th April</p>	<p>The Freedom Programme The Beacon St Johns Centre, Mansfield NG18 1QH. 10am - 1pm A debt service which covers debt, housing, benefits, form filling, phone and internet access, plus more.</p>	<p>Benefit Team Oaktree Children's Centre. 14 Elton Close, Mansfield, NG18 3QA 9am - 11.30am Limited sessions Spring session is: 12th April</p>	NON OPERATING TODAY
<p>Financial Support Signposting</p> <p>Macmillan Money and Work Service 01274 987 600</p> <p>Mansfield CAB 07832 932 331</p> <p>Mansfield District Council 01623 463 463</p> <p>Nottinghamshire County Council Golden Number 0300 500 8080</p> <p>Sherwood Forest Foodbank 07563 233652</p> <p>Direct Help and Advice 01332 287850</p>			<p>Drop-In Debt and Money Advice Sessions 10am - 2pm Kingsway Hall Clipstone Road West Forest Town Mansfield NG19 0DU</p> <p>Here you can find support with benefit checks, better off in work checks, debt and housing advice, budgeting, money management, managing bills and help completing benefits forms.</p>		

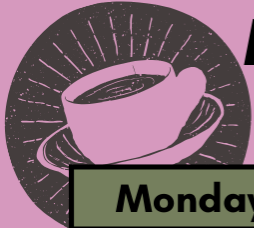


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MENTAL HEALTH SUPPORT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Sunday	
<p>'Come For a Kick About' 6pm - 7pm Football 7pm - 7.30pm Chat Oak Tree Leisure Centre Men only 18+ Will be on alternate Mondays. Partnership between Mansfield Town Football Club.</p> <p>Scan QR code for dates.</p> 	<p>Tuesday Group 1pm - 3pm Focus Point Community Centre, Vale Road, NG19 8DU.</p> <p>A safe place to chat, find local support information and try some (optional) activities to improve wellbeing. For information contact Alison on alison.foad1@nhs.net</p>	<p>Lets Be There Mansfield 7pm Burnaby House Church Street Mansfield Woodhouse NG19 8AH</p> <p>A group to help and support people to talk about their mental health. A supportive group of people coming together and being there for each other.</p>	<p>NON OPERATING TODAY</p>	<p>Thursday Welcome Group Running every other Thursday 2 - 4pm. Oak Tree Leisure Centre</p> <p>Opportunity to meet other local people and join in with different activities each session, such as: Board games, quizzes, light exercise, bowls and much more.</p>	<p>Let's Be There Mansfield 7pm - 9pm Function Room at The Black Bull, Mansfield Woodhouse, Woodhouse Road, NG18 2BQ</p> <p>A group to help and support people to talk about their mental health. A supportive group of people coming together and being there for each other.</p>	<p>NON OPERATING TODAY</p>

Mind Mental Health Sanctuary
Every evening from 4pm - 9pm
Face to face support at The MIND building, 14 St John Street, Mansfield, NG18 1QJ.
Call 0115 844 1846 to talk




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WELCOME PLACES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
NON OPERATING TODAY	<p><u>Salvation Army</u> <u>Coffee Morning</u> 10.30am - 12.30pm Victoria St, Mansfield NG18 5SB Tea, coffee and biscuits.</p>	<p><u>St Peters Church</u> <u>Coffee Morning</u> 10am - 12:30pm Church Side, Mansfield NG18 1AP Drinks, snacks and a warm welcome.</p>	<p><u>Coffee and Cake</u> 1pm - 3pm Chesterfield Road Methodist Church 196 Chesterfield Road South, NG19 7EE Tea, coffee, cake and chat.</p>	<p><u>Rooted</u> 2pm - 4.30pm Oak Tree Leisure Centre, Jubilee Way S, Mansfield NG18 3RT Group involves crafts and cups of tea!</p>	<p><u>The Beacon</u> <u>Saturday</u> 9.30 - 11.30 Wood Street, NG18 1QB Warm space with light refreshments and craft activities. Referral only</p>
	<p><u>Stacey Road</u> <u>Community Centre</u> 10am - 12pm Stacey Road, Mansfield NG19 7JJ Tea, Coffee, crumpets and chat! Here you can also find support with food, finances and mental health.</p>	<p><u>Care For A Coffee</u> 10am - 12pm Runs on a Tuesday and Wednesday Arena Church, 66 Leeming St, Mansfield NG18 1NG Coffee, chat, snack and play a game of pool!</p>	<p><u>Thursday Welcome Group</u> Runs every other Thursday from 2pm - 4pm. Oak Tree Leisure Centre Jubilee Way S, Mansfield NG18 3RT Opportunity to meet other local people and join in with different activities each session, such as: Board games, quizzes, light exercise, bowls and much more.</p>	<p><u>Welcome Space</u> 10am - 1pm Old Meeting House Mansfield, NG18 1QR Warm welcome, tea, coffee, snacks, warm meal. Books, magazine and toys for children.</p>	<p><u>Tea and Coffee Morning</u> <u>Saturday</u> 10am - 12pm Brookside Hall Ladybrook Lane, Mansfield NG18 5JJ Tea, coffee, snacks. A warm welcome and place to meet new friends.</p>
	<p><u>Coffee and Cake</u> 10.30am - 12.30pm Chesterfield Road Methodist Church 196 Chesterfield Road South, NG19 7EE Tea, coffee, cake and chat.</p>			<p><u>Switch Up</u> 11am - 2pm Barringer Road Mansfield NG18 2DF Tea, Coffee, Cake and Chat.</p>	

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PHYSICAL SUPPORT

Monday		Tuesday	Wednesday		Thursday	Friday
<p>Good Boost Mondays at 12pm Rebecca Adlington Leisure Centre Personalised exercise sessions so you can move more, have fun and feel better. Tel: 0345 000 0230</p>	<p>BABES Group Time: 1.30pm - 2.30pm Ravensdale Children's Centre Group for families to access Breastfeeding Support and share experience. Tel: 0115 9773 740</p>	<p>NON OPERATING TODAY</p>	<p>Good Boost Time: 9am Water Meadows Leisure Complex Personalised exercise sessions to help those attending to move more, have fun and feel better. Tel: 0345 000 0232</p>	<p>BABES Group Time: 09.15am-10.30am Warsop Children's Centre Group for families to access Breastfeeding Support and share experience. Tel: 0115 9773 765</p>	<p>BABES Group Time: 10.00am - 11.00am Ladybrook Children's Centre Group for families to access Breastfeeding Support and share experience. Tel: West Mansfield Children's Centres: 0115 9773 763</p>	<p>Escape Pain Time: 10am - 11am Water Meadows Leisure Complex Information and simple ways to better manage your back pain A gentle, individualised exercise programme that matches your needs and pace. Contact Carolyn Hallam on 07718 194 711</p>
<p>Escape Pain Time: 10am - 11am Water Meadows Leisure Complex Information and simple ways to better manage your back pain A gentle, individualised exercise programme that matches your needs and pace. Contact Carolyn Hallam on 07718 194 711</p>	<p>BABES Group 1.00pm - 2.00pm Mansfield Woodhouse Children Centre Group for families to access Breastfeeding Support and share experience. Tel: 0115 9773 765</p>		<p>Arthritis Support Group 12pm - 1pm Water Meadows Leisure Complex Meet other people with arthritis and joint pain, share tips and experiences in a friendly environment. Contact Carolyn Hallam on 07718 194 711</p>			

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IN PARTNERSHIP WITH

