



COST OF LIVING

SUPPORT IN MANSFIELD

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USEFUL CONTACTS

Mansfield District Council

www.mansfield.gov.uk

Mansfield CVS

www.mansfieldcvs.org

Mansfield Citizens Advice

www.citizensadvice.org.uk/local/mans

Nottinghamshire County Council

www.nottinghamshire.gov.uk

Nottinghamshire Police

www.nottinghamshire.police.uk



COST OF LIVING CRISIS

The UK has been experiencing a rise in the cost of living since 2021, in which prices for many essential goods in the United Kingdom began increasing faster than household incomes, resulting in a fall in real incomes.

This is caused in part by a rise in inflation in the UK, as well as the economic impact of foreign issues such as the 2022 Russian invasion of Ukraine. The UK's cost of living is the most affected of advanced economies. While all in the UK are affected by rising prices, it most substantially affects low-income persons.

The Government has responded in various ways, such as by making provision for a £650 grant for households in receipt of means-tested benefits, including Universal Credit.

Mansfield District Council (MDC) and Mansfield CVS have come together to produce this Cost of Living booklet which has lots of useful local and national information which may be of help to you.



CHILDREN & FAMILIES

Childcare Choices | Government help with childcare costs
www.childcarechoices.gov.uk

Parks & Open Spaces | Local free outdoor spaces
<https://www.mansfield.gov.uk/parks-open-spaces/parks-5/1>

National Childbirth Trust | Support through pregnancy, birth and early childhood
www.nct.org.uk

Holiday Activities & Food | Holiday Activities and Food for 5 - 16 year olds
www.nottinghamshire.gov.uk/education/holiday-activities-and-food

Libraries
<https://www.nottinghamshire.gov.uk/culture-leisure/libraries>

Tuvida | Young Carers Support
<https://www.tuvida.org/nottsyoungcarers>

Car Boot Sales | Low cost goods
Skegby
<https://www.facebook.com/SkegbyCarBoot>

Botany Avenue indoor
<https://www.ttfairs.co.uk/>

Hucknall car boot
<https://www.facebook.com/Hucknall-Car-Boot-Sale-188624344506251/>

Mansfield & Ashfield Area Support Group | Local online support and information
<https://www.facebook.com/groups/241449743691592>



DOMESTIC ABUSE

Equation | Local support for men, women and children suffering domestic abuse

<https://equation.org.uk/>

NIDAS | Bespoke support for those suffering domestic abuse
www.nidas.org.uk/tingham 01623 683250

Notts County Council | Local and national information
<https://www.nottinghamshire.gov.uk/care/health-and-wellbeing/domestic-abuse-and-sexual-violence-support>

Nottinghamshire Women's Aid | Specialised domestic abuse support
<https://nottswa.org/> 0808 800 0340

Refuge | 24/7 National support for women
<https://refuge.org.uk/> 0808 2000247

Victim Support | 24 hour service for anyone affected by traumatic events, regardless of whether it has been reported to police or not
www.victimsupport.org.uk 0800 3047575

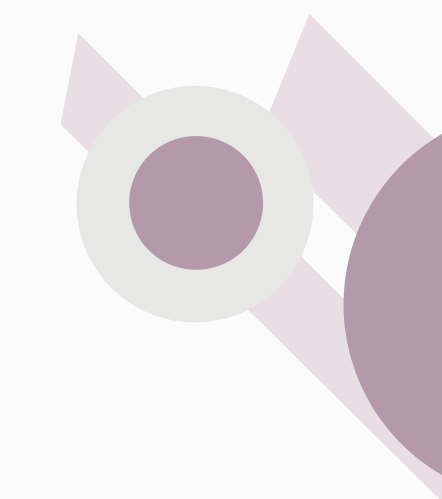
ENERGY & FUEL

Energy Saving Trust | Support with energy costs
<https://energysavingtrust.org.uk/>

Mansfield Citizens Advice | Confidential advice and support
www.citizensadvice.org.uk/local/mansfield/ 03444 111

National Energy Action | Action for warm homes
www.nea.org.uk/ 0800 3047159

Mansfield Warm Rooms |
www.mansfield.gov.uk/new-mansfield-supports-warm-rooms
See page 6 for full details.



WARM ROOMS

Mondays

Oak Tree Leisure Centre, Jubilee Way South, NG18 3RT: 1pm to 3pm (from 14 November)
- free community warm room and friendship group. Free tea and coffee.

Vibrant Warsop, Warsop Methodist Church, 1 Portland St, NG20 0LZ: 1pm to 3:30pm,
arts and Crafts group (Adults) £3.

Coopers Pub, Leeming Lane North, Mansfield Woodhouse, NG19 9HR - 12pm to 5pm. £10
including lunch, unlimited soft drinks, tea or coffee. Meeting space with unlimited tea
and coffee, £1.50 per person. Chat and natter tables (all day) - Free TV, phone charge,
squash, tea and coffee, in return for a donation to Mansfield soup kitchen.

Tuesdays

Mansfield Museum, Leeming Street, NG19 1NG: 10am to 3pm - Free
Arena Church, 66 Leeming Street, NG18 1NG: 10am to 12pm - Free
Open Door Charity Shop and Community Café, 6 Ladybrook Place, NG18 5JP: 9am to
3pm. Free toast, tea and coffee.

Vibrant Warsop, Warsop Methodist Church, 1 Portland St, NG20 0LZ: 9am to 12pm.
Coffee and chat from 10am to 12pm - £3.

Coopers Pub, Leeming Lane North, Mansfield Woodhouse, NG19 9HR: 12pm to 5pm.

Wednesdays

Vibrant Warsop, Warsop Methodist Church, 1 Portland St, NG20 0LZ: 9am to 4pm with
'Stay and Play' for under-5s in the morning (term time only) - £1 per adult. Family History
Group, 1pm to 3pm - £3.

Mansfield Museum, Leeming Street, NG19 1NG: 10am to 3pm - Free.
Arena Church, 66 Leeming Street, NG18 1NG: 10am to 12pm - Free.
Friends of Bellamy, Trowell Court Community Centre, NG18 4NU: Wednesday afternoons
- Free tea and coffee.

Coopers Pub, Leeming Lane North, Mansfield Woodhouse, NG19 9HR - 12pm to 5pm.



WARM ROOMS

Thursdays

Mansfield Museum, Leeming Street, NG19 1NG 10am to 3pm – Free.

Switch Up, Barringer Road, NG18 2DF: Thursdays, 11am to 2pm. Free tea, coffee, cake and chat.

Mansfield Woodhouse Community Development Group, 53 Park Road, NG19 8ER, 11am to 12noon. Free tea, coffee and biscuits and hearing aid support. Second Thursday of each month.

Ladybrook Enterprises, Ladybrook Community Centre, Ladybrook Lane, NG18 5JJ. Coffee and chat 3pm to 4:30pm - £1 plus drinks.

Chesterfield Road Methodist Church, 196 Chesterfield Road South, NG19 7EE - Free tea, coffee, cake and chat.

Vibrant Warsop, Warsop Methodist Church, 1 Portland St, NG20 0LZ 1:30pm to 3:30pm, Table Tennis Group, £4.

Coopers Pub, Leeming Lane North, Mansfield Woodhouse, NG19 9HR – 12pm to 5pm.

Fridays

Mansfield Museum, Leeming Street, NG19 1NG 10am to 3pm – Free

Coopers Pub, Leeming Lane North, Mansfield Woodhouse, NG19 9HR – 12pm to 5pm.

Saturdays

Mansfield Museum, Leeming Street, NG19 1NG 10am to 3pm – Free

The Beacon Project, St John's Church, Mansfield, NG18 1QB 10am to 12pm. Warm space with light refreshments and craft activities – Free



FOOD

FOOD Clubs

Family Action has launched Food On Our Doorstep (FOOD) clubs in Mansfield to provide families with good-quality food at a low cost, while also reducing food waste.

It costs just £1 a year for your family to become a member. Once you've joined, you can purchase a bag of tasty food items every week worth between £10 to £15 for just £3.50! To become a member you must live or work within 15 minutes of the club you would like to join.

Bellamy Road FOOD Club

Fridays, 1pm to 3pm

Trowell Court Community Centre, 15 Trowell Court, Mansfield, NG18 4NT

Crescent School

Fridays (from 23 April), 1pm to 3pm

Booth Crescent, NG19 7LF

A Place To Call Our Own (APTCOO FOOD Ltd)

Tuesdays, 10am to 12noon

APTCOO Learn, Work and Earn Centre, 79 Sandy Lane, Mansfield, Nottinghamshire, NG18 2LT

Mansfield Woodhouse Children's Centre

Fridays, 10am to 12noon

Swan Lane, NG19 8BT

Oak Tree FOOD Club

Fridays, 1pm to 3pm

Oak Tree Lane Surgery, Jubilee Way, Mansfield, NG18 3S

Ravensdale FOOD Club

Fridays, 10am to 12noon

Ravensdale Children's Centre, Mansfield, NG18 2DN

Clipstone FOOD Club

Thursday 1-3pm

The Community Centre, The Circle, Clipstone, Nottinghamshire, NG21 9EF



FOOD

Food Share Centres

Small amounts of food are available for free to those who need it. Centres rely on donations so the type and quantity of food varies and can't be guaranteed.

The Plough Inn Food Share

Fridays, 11am to 2.15pm

The Plough Inn, Church Street, Warsop, Mansfield, NG20 0AR

The Methodist Church Food Share

Fridays, 1.30pm to 3pm

The Methodist Church, 196 Chesterfield Road South, Mansfield, NG19 7EE

Food Banks

Mansfield & Ashfield Emergency Food Bank

Monday - Friday 10am - 4pm.

The service is accessed via a referral from a social worker, support worker, Local Council, Job Centre, Citizen's Advice, Health Visitor or similar agency. They will ring the hotline on your behalf on 07592 482 472.

You will then be given a reference number and told where you can collect your parcel.

St Peters Food Bank (Trussell Trust)

10.30am - 12.30pm every Wednesday

Church Side, Mansfield, Notts, NG18 1AP. Tel: 07563 233652.

You must be referred to this food bank. It is not open to the public.

Sherwood Forest Food Bank (Trussell Trust)

Mondays and Thursdays, 1.30pm to 3.45pm.

Stable Centre, 12 Church Street, Mansfield Woodhouse, NG19 8AH. Tel: 07563 233652.

You must be referred to this food bank. It is not open to the public.

Provides three food parcels every six months to people in need.



HOUSING

Mansfield District Council Housing | Council Housing
www.mansfield.gov.uk/housing 01623 463463

Framework Housing | Housing support services
www.frameworkha.org/services/housing-support-services

Jigsaw |
<https://jig>_____

New Roo
www.nrc_____

MENTAL HEALTH

Harmles
<https://ha>_____

Insight IA
www.ins_____

LGBT+ No
young LGBT community aged 11-25
www.lgbtplusnotts.org.uk 01909 479 112191

Mansfield Town Active Minds Chat | Mental Health Support Group
<https://mansfieldtownfitc.net/active-minds/>
Fridays 9.30 - 11.30am at Mansfield Town Football Club

Nottinghamshire Mind | Mental health support and information
www.nottinghamshiremind.org.uk 0800 470 0203

Nott Alone | Local mental health support for young people
<https://nottalone.org.uk>

PAPYRUS | Prevention of young suicide
<https://www.papyrus-uk.org>

Qwell | Free, anonymous mental wellbeing support
www.qwell.io



MONEY

Mansfield District Council | Benefits advice
www.mansfield.gov.uk/benefits 01623 463463

Mansfield Citizens Advice | Local support and information
www.citizensadvice.org.uk/local/mansfield 03444 111444

Money Saving Expert | Online money advice
www.moneysavingexpert.com

National Debtline | Free independent debt advice
<https://nationaldebtline.org> 0808 808 4000

Step Change | Free online debt advice
www.stepchange.org

Universal Credit | Benefit advice
www.gov.uk/universal-credit/other-financial-support



Mansfield District Council

Address:

Civic Centre,

Chesterfield Road South,

Mansfield,

Nottinghamshire.

NG19 7BH

Tel: 01623 463463

Email: MDC@mansfield.gov.uk

www.mansfield.gov.uk



Mansfield CVS

Civic Centre,

Chesterfield Road South,

Mansfield,

Nottinghamshire.

NG19 7BH

Tel: 01623 392444

Email: info@mansfieldcvs.org

www.mansfieldcvs.org





Mansfield
Community & Voluntary Service



Mansfield
District Council